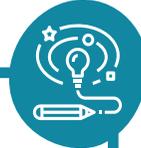


Activities suitable for KS1

(5-7 Year olds)



Activity one

Colour and seek

Print the word search on page 23 and the colouring-in poster on page 24 of this toolkit to use them for a class-based activity. Ask pupils to find the following within the colouring-in poster:

➔ Six possible sources of pollution

➔ Six local landmarks

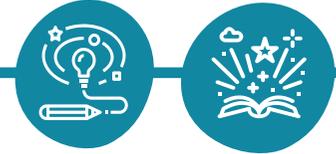
➔ Ten hidden cars

The colouring-in poster can be provided to pupils for them to colour in either at school or at home, similarly with the wordsearch. Encourage pupils to show the colouring-in poster to their parents or carers and discuss with them how switching off the car engine while stationary helps reduce air pollution.



S	S	E	L	E	R	A	C	X	B	E	H	N
T	M	T	R	A	F	F	I	C	U	A	I	P
B	E	A	C	T	I	O	N	G	B	T	X	A
O	R	X	H	U	A	R	L	N	R	G	K	R
X	J	P	H	S	W	G	X	O	E	D	N	T
Y	D	O	Z	A	S	N	G	E	A	O	Z	I
G	Y	L	X	L	U	E	V	N	T	I	S	C
E	T	L	W	A	N	S	F	I	H	Q	E	U
N	K	U	P	O	C	F	T	G	E	J	M	L
O	I	T	X	L	U	N	B	N	A	L	U	A
A	X	I	D	L	I	N	G	E	T	O	F	T
I	D	O	X	F	A	B	R	E	A	T	H	E
E	K	N	F	F	O	H	C	T	I	W	S	S

Activities suitable for KS1 (5-7 Year olds)



Activity two Chatterbox (origami game)

Print the chatterbox on page 26 of this toolkit and use the game as a class-based or playground activity for pupils to play in pairs, threes or fours. Folding instructions are provided.

Pupils can be asked to design and make their own chatterbox linked to the topic of air pollution and incorporating images and/or information about switching off the car engine while stationary.

Encourage pupils to play the game at home with adult(s) they know who drive cars.

Air pollution chatterbox

These instructions show you how to fold this chatterbox.

© With thanks for the chatterbox idea to St George Breathing Better.

cut along the dotted line

- Spin around 5 times and then run in a straight line** (Icon: person running)
- Do the people who drive you to switch off their engine every time they wait. If they don't ask them to.** (Icon: car with engine off)
- Switching off car engines when they are stationary would cut air pollution in Colchester by 30%.** (Icon: car with engine off)
- Do 7 star jumps** (Icon: person jumping)
- Pollution is 7 times higher inside a stationary car with the engine running.** (Icon: car with engine on)
- Let on on the ground and pretend to be a car. Hydrogen produces toxic gas which is harmful to human health.** (Icon: car with engine on)
- Pretend to be riding on a bicycle** (Icon: person on bicycle)
- Three-fifths of all car journeys are for less than 5 miles. It would make just 2% of us use 20% of the road.** (Icon: car)
- Sing your favourite song** (Icon: musical notes)
- Breathing the air pollution in cities and towns is the equivalent of smoking 15 cigarettes a day.** (Icon: cigarette)
- Breathing bad air can lead to heart disease and lung problems.** (Icon: person coughing)
- Make the noise of your favourite animal** (Icon: animal sound icon)
- Can you think of 10 things you can do to reduce air pollution?** (Icon: speech bubble)